

SIZE GUIDE - WOMENS CYCLING - JERSEY

SIZE	XS		S		M		L		XL		XXL	
A. CHEST (CM)	74	80	80	86	86	90	90	94.5	94.5	99	99	104
B. BUST (CM)	78	84	84	90	90	94	94	98.5	98.5	103	103	108
C. WAIST (CM)	58	64	64	70	70	74	74	78.5	78.5	83	83	88
D. HIP (CM)	82	88	88	94	94	98	98	102.5	102.5	107	107	112
G. OUTER ARM (CM)	50	52.5	52.5	55	55.5	57.5	58	59.5	60	61.5	61.5	62.5
H. HEIGHT (CM)	157	162	162.5	168	168.5	172	172.5	176.5	176.5	180.5	180.5	182.5
A. CHEST (IN)	29 1/8	31 1/2	31 1/2	33 7/8	33 7/8	35 3/8	35 3/8	37 1/4	37 1/4	39	39	41
B. BUST (IN)	30 3/4	33 1/8	33 1/8	35 3/8	35 3/8	37	37	38 3/4	38 3/4	40 1/2	40 1/2	42 1/2
C. WAIST (IN)	22 7/8	25	25	27 1/2	27 1/2	29 1/8	29 1/8	30 7/8	30 7/8	32 5/8	32 5/8	34 5/8
D. HIP (IN)	32 1/4	34 5/8	34 5/8	37	37	38 5/8	38 5/8	40 3/8	40 3/8	42 1/8	42 1/8	44 1/8
G. OUTER ARM (IN)	19 3/4	20 5/8	20 5/8	21 5/8	21 7/8	22 5/8	22 7/8	23 3/8	23 5/8	24 1/4	24 1/4	24 5/8
H. HEIGHT (IN)	61 3/4	63 3/4	64	66 1/8	66 3/8	67 3/4	67 7/8	69 1/2	69 1/2	71	71	71 7/8

HOW TO MEASURE

A. CHEST

Measure around the fullest part, under the armpits, keeping the tape horizontal.

B. BUST

Measure around the fullest part of the bust, keeping the tape horizontal.

C. WAIST

Measure around the natural waist line, inline with the navel, keeping the tape horizontal.

D. HIP

Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

E. THIGH

Measure around the thigh just below the crotch, keeping the tape horizontal.

F. INNER LEG

Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

G. OUTER ARM

Measure from shoulder (Humerus) to wrist.

H. HEIGHT

Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.

